

2nd Annual Latino Nurses Network Symposium

“LATINO COMMUNITY HEALTH PRIORITIES DURING A CHANGING POLITICAL LANDSCAPE”



Latino Nurses Network

Let's write our own story. Together we are building a strong network of support for Latino nurse leaders, influencing healthcare system and policy change essential for the wellbeing of our increasingly diverse nation.

Our goal is to support the development and vision of current and future Latino nurse leaders, advocates, researchers, educators and clinicians who are working to improve the health of their communities at the local, national and international level.

2016 Latino Nurses Network Planning Committee:

- Stephen Perez, Doctoral Student, Penn Nursing
- Rosario Jaime-Lara, Doctoral Student, Penn Nursing
- Alma Vega, Postdoctoral Fellow, Penn Nursing
- Adriana Perez, Assistant Professor, Penn Nursing
- Adrianna Nava, PhD Student, UMass Boston
- Paule Valery Joseph, Postdoctoral Fellow, NIH-NINR
- Linda Maldonado, Assistant Professor, Villanova Nursing
- Olga Jarrín, Assistant Professor, Rutgers Nursing



#LatinoNurses Network

PROGRAM

- 10:30 - 11:30** **Registration & Networking in front Main Lobby**
Workshop for students “Tips for Networking” in Room 208
Speaker: Rosario Jaime-Lara, MS, BSN
- 11:30 - 12:30** **Buffet luncheon in rear Main Lobby**
- 12:40 - 1:40** **Breakout Session 1 (Room 116 & 118)**
- Track A: Examining the Impact of Infectious Disease in Latino Communities: Implications for Policy and People**
Stephen Perez, MSN, APRN
- Track B: Do Nursing School Diversity Initiatives Work?**
Margo Brooks Carthon, PhD, APRN, FAAN
- 1:50 - 2:50** **Breakout Session 2 (Room 116 & 118)**
- Track A: Leadership: To be or not to be, that is not a question.**
Daniel Suarez, MA, RN
- Track B: Public Health Nursing: The good, the bad, and the ugly**
Gina Miranda Díaz, DNP, MPH, APHN-BC
- 3:00 - 3:10** **Opening of Keynote Session and Acknowledgments (Auditorium)**
Olga Jarrín, PhD, RN
- 3:10 – 3:25** **Welcome and Reflections on Health Policy**
Julie Sochalski, PhD, RN, FAAN
- 3:25 – 3:35** **Introduction of Keynote Speaker**
Margo Brooks Carthon, PhD, APRN, FAAN
- 3:35 – 4:20** **Keynote: Achieving Equity in America: more than an elective**
Debra Joy Pérez, PhD
- 4:20 - 4:45** **Discussion with Audience, Q & A**
Moderator: Adriana Pérez, PhD, ANP-BC, FAAN
- 4:45 - 4:55** **Closing remarks**
Lisa Lewis, PhD, RN, FAAN
- 4:55 – 5:00** **Group photo**
- 5:00 - 7:00** **Reception / Networking**
Hosted by the Penn Minorities in Nursing Organization



Debra Joy Pérez, Vice President at the Annie E. Casey Foundation

Debra Joy Pérez, Vice President of Research, Evaluation and Learning (REAL) at the Annie E. Casey Foundation (AECF), has devoted her philanthropic career to solutions-oriented research, evaluation and learning. She has

extensive experience working with large national foundations focused on improving outcomes for vulnerable children and their families. As a member of the senior leadership team at AECF, she contributes to setting new strategic directions and aligning strategy with funding priorities. In her current role, Dr. Pérez provides leadership and direction for performance measurement, evaluation, policy research, data development, knowledge management, organizational learning and data development research. She has developed strong and productive philanthropic partnerships for multi-disciplinary programming in public health and addressing racial/ethnic disparities. She was responsible for major network expansions for dissemination of grant-making opportunities and impact strategies. She has been particularly successful at building scholarly diversity-focused networks such as the Latina Researcher Network (www.latinaresearchers.com) and the LGBTQ Scholars of Color Network (<https://www.facebook.com/lgbtqsoc>). Among other areas, Dr. Perez has core competencies in performance management, research and evaluation, program development, program assessment and management. She has a multi-faceted background encompassing expertise in social and health services research and evaluation, internal strategic program and policy development, mentoring, networking and research translation. She has a strong passion for strategic philanthropy and is committed to addressing the nation's most pressing social problems by advancing the quality of social justice work through new and diverse partners, applicants and grantees. One of REAL's signature efforts in promoting diversity is called "Expanding the Bench" which supports evaluators and researchers of color acquire skills in Results-based Accountability and

equitable evaluation practices. Leaders in Equitable Evaluation and Diversity launched in the fall of 2015 and includes partnerships with major national evaluation firms, multiple funders and Universities.

Prior to joining AECF, Dr. Perez was the assistant vice president for research and evaluation at the Robert Wood Johnson Foundation, where she focused on advancing program evaluation and research to advance the foundation priorities. She was also instrumental in creating, building and bridging multiple diverse networks like Sisters of the Academy (www.sistersoftheacademy.org) as well as creating New Connections (www.rwjf-newconnections.org). She has conducted research on perceived discrimination, socio-cultural barriers to health, public health systems research and health care services research. Dr. Perez is one of nine children and the first in her family to graduate from college earning a bachelor's in communication from Douglass College; a master's in social science and women's studies from the University of Kent in Canterbury, England; a master of public administration from Baruch College, City University of New York; and a PhD in health policy from Harvard University. She has worked to advance social justice causes such as public health and health care, education and social services for low-income and vulnerable populations. A leader who has established new areas of research in public health services and systems, she has presided over millions of dollars in grants to nonprofits, Dr. Perez counts the "\$25 Fund" at www.pacf.org as her proudest accomplishment among an extensive array of honors and achievements. Dr. Pérez is particularly proud of her work mentoring young people and mid-career professionals of color in becoming public leaders through her work with National Urban Fellows. She has received multiple awards including the 2010 Latino Trendsetter Award, the 2011 YWCA Women of Industry Award and the 2015 Hispanics Inspiring Student Achievement (HISPA) Leadership in Mentoring award. She has also received an Honorary Doctorate from Thomas Jefferson University in Philadelphia, PA. In December, 2015 she was featured in Latina Style Magazine as one of the Latina leaders in philanthropy (<http://latinastyle.com/magazine/the-art-of-giving/>)



Margo Brooks Carthon, PhD, APRN, FAAN,

is an assistant professor at the University of Pennsylvania School of Nursing, nurse practitioner for Matrix Medical performing in-home geriatric comprehensive assessments, and a Robert Wood Johnson Foundation Nurse Faculty Scholar. Her background includes receiving a BSN from North Carolina Agricultural & Technical State University, MSN

in adult health/psychiatric NP from the University of Pittsburgh, a PhD from the University of Pennsylvania, and a post-doctoral research fellowship at UPenn's Center for Health Outcomes and Policy Research.

Her research focuses on minority health, health disparities, nursing outcomes and diversity pipeline programs and has been funded by multiple public agencies and private foundations including the Robert Wood Johnson Foundation, National Institute on Minority Health and Health Disparities, the National Institute of Nursing Research, and the Agency for Healthcare Research and Quality. She was the recipient of a F31 predoctoral grant from the AHRQ for a study, which examined the historical and social determinants of health inequities in Black Philadelphia residents at the turn of the twentieth century. She has had several P30 pilot grants using multivariate modeling to explore the impact of nursing on health care quality on minority outcomes including patient satisfaction and mortality, and also completed a NIH/NINR K01 Mentored Research Scientist Development Award with a special focus in disparities research and nursing outcomes.

Dr. Brooks Carthon's research may be found in high impact journals including, *Nursing Outlook*, *BMJ Quality and Safety*, the *American Journal of Public Health*, and *Medical Care*. In addition, she was the lead author for a 2011 white paper published by the National Science Foundation titled "Beyond Despair: Next Decade Research Strategies to Promote Health Equity among Racial and Ethnic Minorities." Dr. Brooks Carthon has been the recipient of numerous research and mentoring awards and was inducted as a Fellow of the American Academy of Nursing in 2015.



Stephen Perez, RN, MS, NP

Stephen Perez, RN, MS, NP, a Robert Wood Johnson Foundation Future of Nursing Scholar, at the Independence Blue Cross Foundation, is aiming to study how policy decisions affect significant public health issues and outcomes in underserved populations. His particular area of interest is in the intersection of health policy and infectious diseases. He believes evidenced-based policy making is essential to developing innovative and sustainable public health programs and models. He would like to explore how nurses can continue to lead health policy conversations in this country.

Perez has 10 years of diverse nursing experience in the field of HIV/AIDS, public health and chronic disease management. His diverse professional background includes work in direct clinical care, health policy and quality improvement in health systems. After completing his M.S. degree, he was selected as the Edward Roybal Graduate Public Health Fellow with the Congressional Hispanic Caucus Institute in Washington, D.C. This provided him a valuable experience and exposure to health policy, federal programing and advocacy. Perez most recently served as a Quality Improvement Consultant for the Inova Juniper Program, the largest provider of HIV services in Northern Virginia. He is also currently serving in this capacity for Inova Transitional Services, a program of Inova Health System aimed at reducing hospital readmission rates through targeted chronic disease management strategies. Perez also maintained a clinical practice at Inova Health System, seeing patients in both programs. Through these experiences he has become skilled at managing complex chronic diseases in addition to HIV/AIDS. Additionally he serves as adjunct faculty in the Georgetown University graduate nursing program. He holds certifications as an AIDS Certified Registered Nurse (Assoc. of Nurses in AIDS Care), an Adult Nurse Practitioner-Board Certified (American Nurses Credentialing Center), and an HIV Specialist (American Academy of HIV Medicine). Prior to his most recent work, Perez served as lead clinical specialist for the National Center for HIV Care in

Minority Communities, and served as a trainer and lecturer for the Pennsylvania/Mid-Atlantic AIDS Education and Training Center. He has lectured on a broad array of topics including, the medical management of HIV and related co-morbidities, HIV-related health policy issues, Patient Centered Medical Home, health promotion and disease prevention, and primary care issues for persons living with HIV.



Gina Miranda-Díaz, DNP, MPH, APHN-BC

As a state-licensed health officer and director of the Health Department of West New York, New Jersey, Gina Miranda-Díaz is the public health official for the town and its 57,000 residents. Governor Chris Christie appointed Miranda-Díaz to the New Jersey State Board of Nursing in 2014. She is a member of the New Jersey Action Coalition with a focus on increasing diversity and mentoring public health nurses. She is also a member of the executive board of the American Diabetes Association and President of the National Association of Hispanic Nurses New Jersey chapter. In 2015 she was selected as one of only 10 nurses nationwide by the Future of Nursing: Campaign for Action as a Culture of Health Breakthrough Leader in Nursing, a joint initiative of AARP, the AARP Foundation, and the Robert Wood Johnson Foundation.

Dr. Miranda-Díaz is also adjunct faculty at both Rutgers University School of Nursing and the Department of Nursing at Lehman College. Dr. Miranda-Díaz graduated from the University of Medicine and Dentistry of New Jersey with a Doctorate in Nursing Practice, earned a dual master's degree in Nursing and Public Health at Hunter College, and a Bachelor of Science in Nursing degree from Adelphi University. As a nurse and an active volunteer with disaster health services at the American Red Cross, Dr. Miranda-Díaz was deployed to a shelter during Hurricanes Katrina and Rita, and aided passengers of US Airways Flight 1549—the so-called Miracle on the Hudson.



Daniel M. Suarez, MA, RN

Daniel Suarez is a professional nurse with more than 30 years of experience in the nursing field. During his career, he has held several positions as a Clinician and Nurse Recruiter in several hospitals around New York City. Currently, he is the Assoc. Director of Sales for the NY Region at Nurse.com, the premier magazine for nursing professionals. Prior to joining Nurse.com, he was Assoc. Director of Nursing and Nurse Recruiter at Lincoln Hospital, North Central Bronx Hospital and New York Downtown Hospital. Besides having a

successful professional career, he is also very involved in the Hispanic community to help students and young professionals to pursue a career in Nursing while giving back to their communities. Presently, Mr. Suarez is the 16th President of the National Association of Hispanic Nurses and past president of the NY Chapter. He graduated from Stony Brook University with a BS in Nursing, and he also earned a Master degree from the Teachers College at Columbia University. Mr. Suarez is a Fellow in the New York Academy of Medicine and serves on numerous boards of nursing and health care organizations, including the National Coalition of Ethnic Minority Nurse Associations. In addition, Mr. Suarez is co-Chair of the campaign for Action Nurses on Boards Coalition steering committee (NOBC).



Rosario Jaime-Lara, MS, RN

Rosario Jaime-Lara, MS, RN, is a Graduate Associate in the Women in Leadership Residential Program in the WARE College House. The focus of the program is “to increase understanding of gender dynamics in academia and in the professional environment, and we want to provide real life examples of successful women.”

Originally from Mexico, Rosario grew up in the San Francisco Bay Area and earned a degree in biology from the University of California Davis. She graduated from Columbia University with a BS and MS in Nursing, and is currently completing her PhD at Penn Nursing.



Adriana Perez, PhD, ANP-BC, FAAN

Adriana Perez is an Assistant Professor of Nursing at Penn. She is the primary investigator on a HHS Office of Minority Health funded grant “Hispanic Nurses Educating Multicultural Communities on the Affordable Care Act.” Her program of research

focuses on cardiovascular health promotion among older diverse populations. As a 2011-2012 APSA/Health and Aging Policy Fellow, she was supported by the Atlantic Philanthropies and Centers for Disease Control & Prevention to focus on environmental policies that promote healthy aging. Dr. Perez has received funding from the John A. Hartford Foundation National Hartford Centers of Gerontological Nursing Excellence for both a pre-doctoral and post-doctoral fellowship; the National Institutes of Health/National Institute of Nursing Research through an Individual Nursing Research Service Award; Beta Upsilon Chapter of Sigma Theta Tau International; the National Coalition of Ethnic Minority Nurses; and St. Luke’s Health Initiative. She serves as consultant for the national Diversity Steering Committee of the Future of Nursing: Campaign for Action and on the Board of Directors of the American Organization of Nurse Executives.



Olga Jarrín, PhD, RN

Olga Jarrín is an Assistant Professor of Nursing Science at Rutgers, The State University of New Jersey. After completing her degrees in nursing at the University of Connecticut, Dr. Jarrín completed a NIH-NINR T-32 postdoctoral fellowship at Penn Nursing and was

selected as a 2012-2015 National Hartford Center of Gerontological Nursing Excellence Claire M. Fagin Fellow. She then received a K99-R00 Pathway to Independence Award from the Agency for Healthcare Research and Quality to build her program of research in patient-centered home health care outcomes, with a focus on improving the design and delivery of care for older adults. Dr. Jarrín is also co-investigator on the NIH-NINR funded RN4CAST-US Study, the largest survey of Registered Nurses and Advanced Practice Nurses in the United States.



Julie Sochalski, PhD, RN, FAAN

Dr. Sochalski is Interim Associate Dean for Academic Programs and Co-Director of the National Clinical Scholars Program at the University of Pennsylvania. From 2010-2013 she served as the Director of the Division of Nursing and Principal Advisor for Health Workforce Policy at the Health Resources and Services

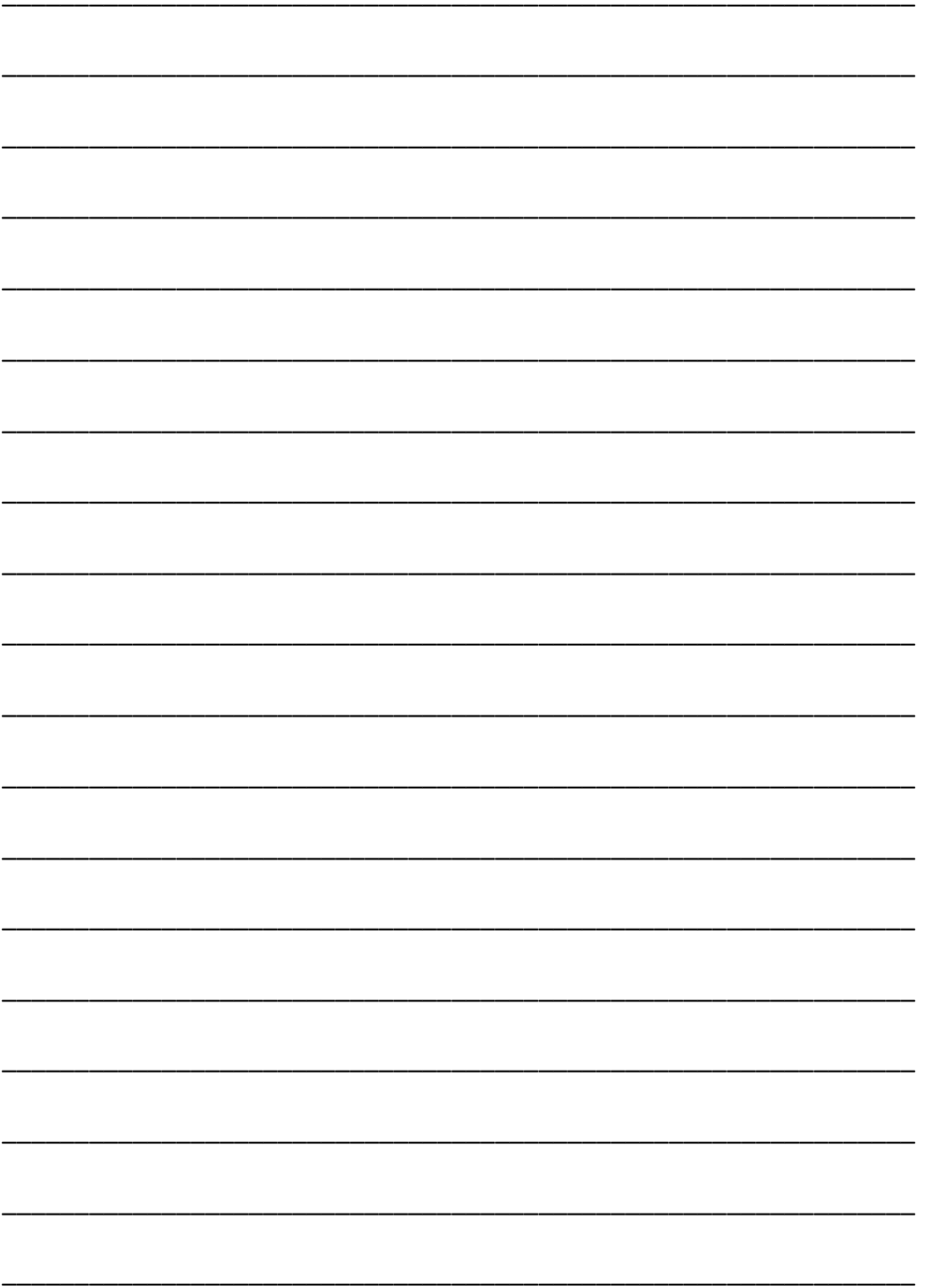
Administration. There she led the alignment of Title VIII Nursing Workforce Development programs with the Affordable Care Act including initiatives to expand access to comprehensive primary care in underserved communities, to advance interprofessional education and practice to promote population health, and extend training opportunities to diverse populations including veterans. She is a nationally and internationally recognized expert in health policy and the health care workforce. Her research has focused on elucidating the workforce inputs into high quality, accessible care, investigating domestic and international trends and migratory patterns of the health care workforce, and assessing the impact of policy initiatives on health care workforce development and deployment.

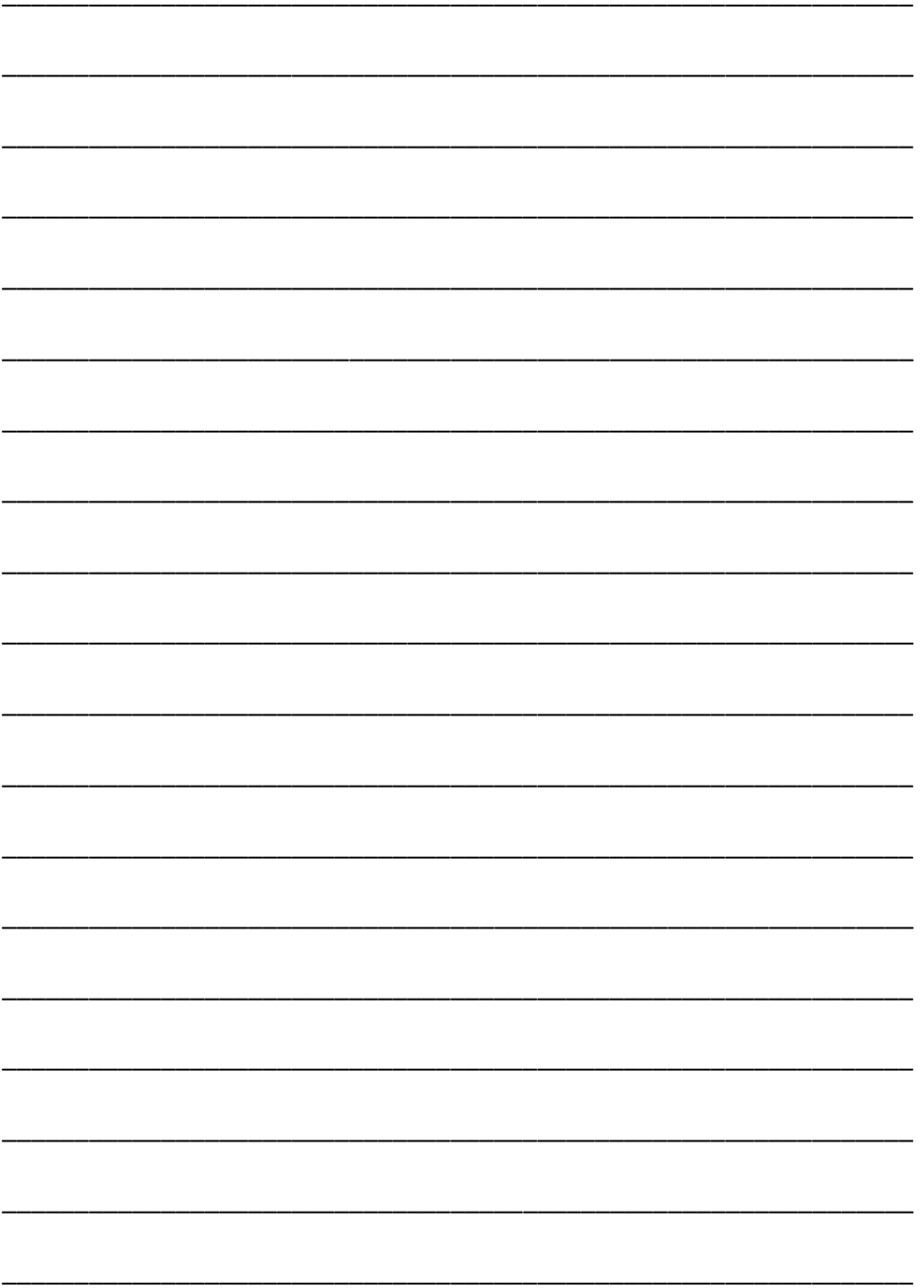


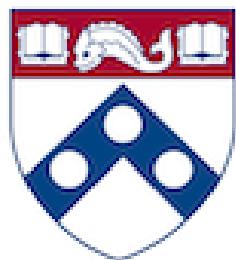
Lisa Lewis, PhD, RN, FAAN

Dr. Lewis is Assistant Dean for Diversity and Inclusivity and an Associate Professor of Nursing in the Department of Family and Community Health. Dr. Lewis' research focuses on reducing the racial disparities in blood pressure control. Using mostly

community based research methods, she studies determinants of medication adherence in Blacks living with high blood pressure with an emphasis on psychosocial factors such as self-efficacy, social support, depression, spirituality, and perceived discrimination. Currently, she is funded by the National Institute of Nursing Research (NINR) to conduct a longitudinal study of adherence to medication in hypertensive Black men. Dr. Lewis is also the faculty advisor of the Minorities in Nursing Organization at Penn Nursing.







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